



COACHING EDUCATION, ENTRY LEVEL - IN ENGLISH

2 SEP + 14 SEP + 22 SEP, GOTHENBURG

The sports movement is a fantastic arena that engages many people, young and old, with different backgrounds, motivations, experiences and skills. Your commitment as a coach and leader is an essential part of the sport movement.

Coaching education, entry level, is based on current research and gives you a good foundation in your role as a coach. Great emphasis is placed on leadership, how you create good learning environments that enhances the motivation, active participation and thus enables the participants to learn and grow as human beings and athletes. You will also learn about the importance of developing a broad movement repertoire and how you can plan the training based on age and maturity status.

Mandatory course elements

Complete educational tasks online
Participate in both educational days
Complete a home assignment

Course content

- The Swedish sports movement and my role within it
- Leadership and the leader in me
- How to plan training session
- Elective part where you can focus on your main interest

In order to complete the course and obtain your certificate for the education, you must attend both scheduled course days and complete two home assignments. This course is a non-sport specific course that focus on general leadership that can be implemented in various sports. For sports specific education, please see the education provided from your sports federation.

Registration

[Register here](#)

or use the qr-code



Problems when registering? Contact:
kurser.vastragotaland@rfsisu.se

Target group

This course is for all coaches, regardless of what sport you are involved in or whether you train children, adolescents or adults.

Date/time

2 sep at 18.00-20.00
14 sep at 09.30-16.00
22 sep at 09.30-16.00

Location

First occasion is digital, second and third occasion are physical full days in Gothenburg

Fee

Free of charge for associations in the City of Gothenburg. For others, 1 800 SEK/participant. Coffe, lunch and course literature are included. Your club/association can receive financial support for participation fees. Please contact your RF-SISU consultant and ask about "resursmedel".

Questions

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Västra Götaland